



# KOWALSKI'S THANKSGIVING TURKEY DINNER FOR 2



## REHEATING INSTRUCTIONS/INGREDIENTS

### KOWALSKI'S TURKEY DINNER FOR 2

Keep refrigerated until ready to prepare. Remove lid; remove cranberry sauce and gravy cups (heat gravy separately or add before heating). Cover pan with foil; place pan in a preheated **350°** oven for approx. 40-45 min. Remove from oven; let rest for 5 min. before serving.

*Cooking times are approximate. You may need to increase cooking time for a full oven or to account for differences in kitchen equipment.*

#### ALL NATURAL ANTIBIOTIC-FREE **GF** **DF** ROASTED TURKEY BREAST

All Natural Antibiotic-Free Turkey Breast (Turkey Breast, Water, Sea Salt, Vinegar), Seasoning (Salt, Sugar, Spices, Onion Powder, Garlic Powder, Paprika, Lemon Peel, Citric Acid, Natural Flavor, Turmeric).

#### MASHED POTATOES

Potatoes, Whole Milk, Butter (Sweet Cream, Salt), Salt, Nisin **GF** **V** **DF**ration (Salt, Nisin [a natural antimicrobial agent]).

CONTAINS: Milk.

#### GREEN BEANS WITH **GF** **V** **VE** **DF** SLIVERED ALMONDS

Green Beans, Almonds.  
CONTAINS: Tree Nuts (Almonds).  
Almonds packaged separately.

#### KOWALSKI'S SIGNATURE **DF** POULTRY GRAVY

Water, Chicken Stock, Onion, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Fat, Modified Food Starch, Chicken Base (Cooked Chicken [Chicken Meat, Rendered Chicken Fat, Chicken Broth], Sugar, Salt, Natural Flavor, Modified Cornstarch, Maltodextrin, Potassium Chloride, Beef Fat, Soy Sauce [Fermented Soybeans, Salt], Autolyzed Yeast Extract, Dehydrated Onion, Chicken Type Flavor [Whole Egg Solids], Citric Acid, Turmeric), Sugar, Salt, Mono- and Diglycerides (emulsifiers), Spices, Xanthan Gum, Gravy Flavoring (Caramelized Sugar, Vegetable Extractives, Flavorings).

CONTAINS: Wheat, Soy, Egg.

#### SAGE AND ONION DRESSING

Water, Bread Cubes (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Partially Hydrogenated Soybean Oil, Whole-Wheat Flour, High-Fructose Corn Syrup, contains 2% or less of each of the following: Yeast, Spices, Salt, Dehydrated Onion, Sage, Wheat Gluten, Ascorbic Acid, Autolyzed Yeast Extract, Distilled Vinegar, TBHQ [to preserve freshness], Soy Protein), Seasoning (Salt, Dehydrated Onion, Spices [including Sage and Garlic], Autolyzed Yeast Extract, contains 2% or less of Silicon Dioxide [an anticaking agent]), Butter (Cream, Salt), Dried Parsley, Dried Onion Flakes, Chicken Base (Roasted Chicken Meat with Natural Juices, Salt, Chicken Fat, Corn Syrup, Yeast Extract, Whey, Natural Flavor, Wine, Turmeric).  
CONTAINS: Wheat, Milk, Soy.

#### KOWALSKI'S SIGNATURE **GF** **V** **VE** **DF** CRANBERRY RELISH

Granulated Sugar, Cranberries, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Granny Smith Apple, Pear, Red Delicious Apple, Lemon Juice, Orange Zest (Chopped Orange Peel, Cane Sugar, Natural Orange Flavor), Cinnamon Sticks, Whole Cloves.