



KOWALSKI'S THANKSGIVING RAW OVEN-READY TURKEY

Serves 12-14



HEATING INSTRUCTIONS/INGREDIENTS

LOCALLY RAISED RAW OVEN-READY FRESH WHOLE TURKEY

Remove raw turkey from packaging; place in foil roasting pan. Transfer pan to bottom rack of a preheated **500°** oven; roast for **20 min.** Reduce temperature to **350°**; continue roasting until turkey reaches an internal temperature of 165° (**about 2 hrs.**). Remove from oven; cover loosely with foil and let rest for **at least 30 min.** before carving (45-60 min. is ideal).

Cooking times are approximate. You may need to increase cooking time for a full oven or to account for differences in kitchen equipment.

WHOLE RAW TURKEY

Whole Turkey, Salt, Pepper, Butter (Sweet Cream, Salt). Minimally processed and made with no artificial ingredients.

Naturally raised by Ferndale Market in Cannon Falls, Minnesota, with no growth stimulants or antibiotics – ever! Fed a diet of vegetarian grains with no animal byproducts.

CONTAINS: Milk.

Nutrition Facts	
Serving size	8 oz. (227g)
Amount per serving	
Calories	380
% Daily Value*	
Total Fat 18g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 170mg	56%
Sodium 840mg	34%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 51g	
Vitamin D 0.7mcg	4%
Calcium 25mg	2%
Iron 2.1mg	10%
Potassium 530mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.