



# KOWALSKI'S THANKSGIVING LARGE TURKEY DINNER

Serves 10-12



## INGREDIENTS

### WHOLE FULLY COOKED TURKEY **GF DF**

Whole Turkey, Salt, Pepper, Olive Oil. Minimally processed and made with no artificial ingredients. Naturally raised by Ferndale Market in Cannon Falls, Minnesota, with no growth stimulants or antibiotics – ever! Fed a diet of vegetarian grains with no animal byproducts.

*NOTE: To prepare a dairy-free turkey, substitute 6 tbsp. olive oil for the butter called for in the heating instructions.*

### MASHED POTATOES **GF V**

Potatoes, Whole Milk, Butter (Sweet Cream, Salt), Salt, Nisin Preparation (Salt, Nisin [a natural antimicrobial agent]).  
**CONTAINS:** Milk.

### SAGE AND ONION DRESSING

Water, Bread Cubes (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Partially Hydrogenated Soybean Oil, Whole-Wheat Flour, High-Fructose Corn Syrup, contains 2% or less of each of the following: Yeast, Spices, Salt, Dehydrated Onion, Sage, Wheat Gluten, Ascorbic Acid, Autolyzed Yeast Extract, Distilled Vinegar, TBHQ [to preserve freshness], Soy Protein), Seasoning (Salt, Dehydrated Onion, Spices [including Sage and Garlic], Autolyzed Yeast Extract, contains 2% or less of Silicon Dioxide [an anticaking agent]), Butter (Cream, Salt), Dried Parsley, Dried Onion Flakes, Chicken Base (Roasted Chicken Meat with Natural Juices, Salt, Chicken Fat, Corn Syrup, Yeast Extract, Whey, Natural Flavor, Wine, Turmeric).  
**CONTAINS:** Wheat, Milk, Soy.

### KOWALSKI'S SIGNATURE **DF** POULTRY GRAVY

Water, Chicken Stock, Onion, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Fat, Modified Food Starch, Chicken Base (Cooked Chicken [Chicken Meat, Rendered Chicken Fat, Chicken Broth], Sugar, Salt, Natural Flavor, Modified Cornstarch, Maltodextrin, Potassium Chloride, Beef Fat, Soy Sauce [Fermented Soybeans, Salt], Autolyzed Yeast Extract, Dehydrated Onion, Chicken Type Flavor [Whole Egg Solids], Citric Acid, Turmeric), Sugar, Salt, Mono- and Diglycerides (emulsifiers), Spices, Xanthan Gum, Gravy Flavoring (Caramelized Sugar, Vegetable Extractives, Flavorings).  
**CONTAINS:** Wheat, Soy, Egg.

### ROASTED MAPLE SWEET POTATOES **GF V VE DF**

Sweet Potatoes, Brown Sugar, Olive Oil, Sugar, contains less than 2% of each of the following: Maple Sugar, Natural Flavor, Salt, Spices, Xanthan Gum.

### GREEN BEANS WITH SLIVERED ALMONDS **GF V VE DF**

Green Beans, Almonds.  
**CONTAINS:** Tree Nuts (Almonds).  
Almonds packaged separately.

### KOWALSKI'S SIGNATURE **GF V VE DF** CRANBERRY RELISH

Granulated Sugar, Cranberries, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Granny Smith Apple, Pear, Red Delicious Apple, Lemon Juice, Orange Zest (Chopped Orange Peel, Cane Sugar, Natural Orange Flavor), Cinnamon Sticks, Whole Cloves.

### CLUSTER DINNER ROLLS **V**

**Potato Roll:** Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Dehydrated Potatoes, Cane Sugar, Eggs, Sunflower Oil, Salt, Yeast, Malted Barley Flour.  
**CONTAINS:** Wheat, Egg. Produced in a facility that also processes soy, milk, sesame and tree nuts.

**Sesame Semolina Roll:** Durum Wheat Semolina, Water, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sesame Seeds, Organic Honey, Sunflower Oil, Salt, Yeast, Malted Barley Flour.  
**CONTAINS:** Wheat, Sesame. Produced in a facility that also processes soy, milk, egg, and tree nuts.

**Sourdough Wheat Roll:** Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole-Wheat Flour, Organic Honey, Salt, Extra Virgin Olive Oil, Yeast.  
**CONTAINS:** Wheat. Produced in a facility that also processes soy, milk, egg, sesame and tree nuts.

### 9" PUMPKIN PIE **V**

Pumpkin Purée, Pie Shell (Wheat Flour, Palm Oil, Water, Soybean Oil, contains less than 2% of each of the following: Dextrose, Salt, Sodium Stearoyl Lactylate, Calcium Sulfate, Mono- and Diglycerides, Sodium Sulfite [a preservative]), Eggs (Whole Eggs, Citric Acid [to preserve color], 0.15% Water [added as a carrier for citric acid]), Whole Milk (Milk, Vitamin D3), Sugar, Honey, Salt, Cinnamon, Ground Nutmeg, Ground Cloves, Ground Ginger.  
**CONTAINS:** Wheat, Egg, Milk, Soy.  
Keep refrigerated.

### 9" PECAN PIE **V**

Sugar, Pie Shell (Wheat Flour, Palm Oil, Water, Soybean Oil, contains less than 2% of each of the following: Dextrose, Salt, Sodium Stearoyl Lactylate, Calcium Sulfate, Mono- and Diglycerides, Sodium Sulfite [a preservative]), Corn Syrup, Pecans, Eggs (Whole Eggs, Citric Acid [to preserve color], 0.15% Water [added as a carrier for citric acid]), Unsalted Butter (Pasteurized Cream, Natural Flavorings), Salt, Vanilla Extract (Water, Sugar, Alcohol, Caramel Color, Artificial Flavor).  
**CONTAINS:** Wheat, Tree Nuts (Pecans), Egg, Milk, Soy. No refrigeration necessary.